



## **Young People's Mental Health and Wellbeing Project Worker**

ANNUAL SALARY: SCP 27-30 (currently £27,060 - £29,912)

Full time (35.75 hours)

Until 31<sup>st</sup> March 2022 with possibility of extension dependent on funding

RESPONSIBLE TO: - MANAGER, CITADEL YOUTH CENTRE

### **OVERVIEW**

The Citadel has received new funding to increase community based support for the mental health and wellbeing of young people aged 12 to 19 in Leith and the surrounding areas of Edinburgh. This will include young people accessing the Citadel's 15+ employability services and 13+ open youth provision, as well as those referred by local high schools. The Young People's Mental Health and Wellbeing Project Worker will have a specialist role, but will also work closely with other members of the Citadel team to co-ordinate support for young people and their families.

**The Closing Date for Applications is: Monday 3<sup>rd</sup> May at 5pm**

**Interviews are scheduled to take place on Friday 14<sup>th</sup> May 2021 (afternoon)**

### **JOB DESCRIPTION**

- Provide non-clinical 1:1 support for young people experiencing mental health difficulties, such as low mood and anxiety
- Develop, facilitate and evaluate group work programmes to support the mental health and wellbeing of young people
- Identify and introduce young people to other activities and groups in the community which will support their mental health and wellbeing
- Promote the service to young people and colleagues in the Citadel, local high schools, voluntary agencies and other potential referrers
- Liaise with colleagues in Education, Social Work, Health and other agencies to assess and co-ordinate the support of young people at risk
- Represent the Citadel in school 15+ meetings and other forums
- Maintain up to date and accurate records, including the use of City of Edinburgh Council's integrated employability database ('Caselink') as required
- Provide regular reports to funders as required
- Work with Citadel colleagues to provide out of school youth work opportunities for young people aged 12 to 19, including evening youth clubs
- Any other duties, as required (including occasional weekend and evening work)

**PERSON SPECIFICATION**

<b>Qualifications</b>	Essential	Desirable
<ul style="list-style-type: none"> <li>Professional qualification in Community Education, Youth and Community Work, Counselling, Social Work or equivalent</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Additional training in supporting mental health and wellbeing, such as Mental Health First Aid or Low Intensity Anxiety Management</li> </ul>		✓
<b>Knowledge/Experience</b>		
<ul style="list-style-type: none"> <li>Experience of work with young people in an informal education setting</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Understanding of community based youth work</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Understanding of the issues impacting on the mental health and wellbeing of young people</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Knowledge of counselling skills and approaches</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Experience of 1:1 support with young people</li> </ul>		✓
<ul style="list-style-type: none"> <li>Experience of designing, implementing and evaluating group work programs</li> </ul>		✓
<ul style="list-style-type: none"> <li>Experience of working with young people at risk</li> </ul>		✓
<ul style="list-style-type: none"> <li>Experience of recording and reporting on outcomes</li> </ul>		✓
<ul style="list-style-type: none"> <li>Experience of communicating with young people on digital platforms</li> </ul>		✓
<b>Aptitudes/Skills/Qualities</b>		
<ul style="list-style-type: none"> <li>An enjoyment of work with young people</li> </ul>	✓	
<ul style="list-style-type: none"> <li>An ability to build relationships with young people</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Commitment to principles of anti-discriminatory practice</li> </ul>	✓	
<ul style="list-style-type: none"> <li>An ability to work on own initiative and to be a 'self-starter'</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Ability to work in a team setting</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Excellent verbal and written communication skills</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Appropriate IT skills</li> </ul>	✓	
<ul style="list-style-type: none"> <li>Digital media skills</li> </ul>		✓
<ul style="list-style-type: none"> <li>Willing and able to work flexible and unsocial hours</li> </ul>	✓	

**CLOSING DATE: Monday 3<sup>rd</sup> May at 5pm**

Please e-mail completed applications to: [kay@citadelyouthcentre.org.uk](mailto:kay@citadelyouthcentre.org.uk)